

**You're invited  
to attend...**

**Please join us  
Monday, December  
14th at Suburban  
Park Elementary  
School for a special  
year-end holiday  
meeting and event.  
Food and beverage  
will be served.  
Doors open at 6 pm.  
Meeting at 6:30 pm.**

**Happy Holidays!**

## **Message from the President**

**T**here's certainly 'magic' in the Christmas season. It seems that more than ever, people become nostalgic and seek to fill their lives with tradition. Homecomings have an enhanced value and charity is an adopted behavior by many, if not only for this month.

For a child, this is such a wonderful time of year built in anticipation for more than a month. Perhaps we owe some of this to clever marketing.

The streets of our neighborhood are coming to life with festive lights, promoting the joyful spirit of the holiday. Looking at the various lighting displays, I chuckle a bit to think of the many Chevy Chase-like scenarios that might have played out. I can imagine Mr. Smith wrestling his ladder through the flowerbeds and before all is said and done, hanging from the gutter by one hand after a minor elevation mishap. And there across the street stands Mr. Jones, yelling out in good spirit, "jump....you're only three feet from the ground!"

There will be caroling, hot cocoa, baked goods shared among neighbors. And there will be the chaotic piece of it – aka relatives, shopping, and crazy drivers in a hurry to pick up the last Guitar Hero game for some very deserving child. But all of this aside, the bell is ringing in front the stores as a reminder that Christmas isn't the same for everyone. Some are having a hard way to go to make this the holiday celebration for their family, as they may desire. Some folks are longing to be home or to have with them the loved ones they are missing. If any of this applies to you, I pray you find peace this season in the goodness that surrounds.

Christmas offers an opportunity for us to reach in and make it magical. I

personally will do my best to keep this in mind while battling the chaos of shopping and enduring the inconvenient love of visiting relatives (I say that most endearingly, Aunt Edna). And I encourage you to remember the spirit of the season, even if 'Christmas' doesn't align with your religious beliefs. Remember that this is a season of giving. Not gifts, per se, but giving joy.

Merry Christmas

*Timothy M. Fox*



*Dear Santa,  
On behalf of the Suburban Acres community, I write to tell you that we have been an extraordinarily well behaved bunch this year. We ask that you save the coal nuggets and reindeer sweater (no offense, Aunt Edna) for more deserving chimneys. Our streets are festively lit, so you should find us easily, and cookies and milk await you. May you carry with you in your sack of wonders a Christmas wish to warm the hearts of our neighbors.*

## **In This Issue**

2	November Meeting Minutes
3	Suburban Acres Green Recycling EARNNs Cash
4	Civic League and Community News
5	Letters from Our Neighbors
6	Neighborhood Watch Update
7	December Word Search
8	Announcements Civic League Contacts Become a Member



# Suburban Acres Civic League

## Meeting Minutes for November 9, 2009

Meeting Commenced at 6:35 PM

Pledge of Allegiance

### Neighborhood Watch

Rob Lain spoke to the membership about neighborhood presence. He made it clear that our eyes and involvement are extremely important to a safe community. Walking through our neighborhood strengthens the impression that we are united. Anyone interested should contact Rob at 469-3685.

### Suburban Park Elementary Food Drive

Vice Principal Ellis and Parent Liaison Claudette Dalmida were presented with \$400.00 from our civic league. In addition to the cash donation, the membership brought non perishable foods for the yearly food drive for families of students at Suburban Park Elementary.

### EARNN Program

JoDee Cook addressed EARNN and how the civic league can make money by being more proactive in the EARNN program.

As much as \$750 could be added to our coffers by recycling, conserving energy, maintaining storm drain areas and involving youth in the program. Involvement of our community can earn us points toward the \$750 goal for our civic league. The points will be tallied on May 31, 2010. So be certain to put your recycling cans out even if they are partially full as they are points for us. For more information call JoDee at 587-7918.

The door prize was a miniature recycling bin filled with pens and pencils. Charles Leonard from Granby Park was the winner.

### Stewardship of Wetlands

Our neighbor Karen Mayne is involved in the preservation of the wetlands of the Lafayette River. She along with Steve Martin will be looking at the issues of cleaning up the waterways with the help of city, schools and residents. Much of the resolution is within our own hands. If interested in helping, call Karen at 587-1287 or email her at [karenmayne@aol.com](mailto:karenmayne@aol.com)

### Treasurers Report

For October, the civic league had revenues of \$306.00 and expenses totaling \$320.88, for a net loss of \$14.48. Ending checkbook balance was \$1,257.85.

### Meeting Minutes

The meeting minutes from the October 12, 2009 were approved unanimously by general meeting as published.

### Executive Committee Election Results

The following slate of officers for 2010 was presented by Dee Adams, Nominating Committee Chairperson:

#### Executive Officers

*President*, Timothy Fox,

*Vice President*, Jo Dee Cook

*Secretary*, vacant



Suburban Acres Civic League president Tim Fox presented grocery gift cards totaling \$400 to Vice Principal Ellis (left) and Parent Liaison Claudette Dalmida of Suburban Park Elementary School at the November meeting. The school conducts an annual holiday food drive for families in need. Civic league members and neighbors also donated canned goods collected at the meeting.

*Treasurer*, vacant

#### Board of Directors

Jeb Clarke, Steve Collins, Robert Lain, and Audrey Renn

Nominated from the floor were Eric Heard, Secretary and Lester Cavagnaro, Treasurer.

The general membership unanimously approved the slate of new officers.

Meeting Adjourned at 7:45.

*Respectfully submitted for approval,*

**Eric Heard, Secretary**



**Shandre M Harasty**  
Financial Advisor

309 West Bute Street  
Norfolk, VA 23510  
757-622-2892

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING

# SUBURBAN ACRES GREEN

By Karen Mayne

Have you ever thought about where rainwater goes once it flows down our neighborhood's streets and parking lots and into the storm drains? Those drains connect to underground pipes that empty into the closest stream and end up in the Lafayette River. These storm drains carry all the pollutants that wash off the streets – such as grease and oil from cars, and fertilizers and pesticides from yards. The rain also washes leaves, dirt, and



Volunteers Caleb Smith (l) & Rob Kiernan (r) place a crab medallion on storm drain on Suburban Pkwy. Photo: KLM

litter into the storm drains. The EPA estimates that 50% of water pollution nationwide is from storm water. Why should this matter to us? We pay taxes through our HRSD bills to the City of Norfolk for storm water management to help clean up the Lafayette River and other waterways that drain into the Chesapeake Bay. Sediments, leaves, and trash can clog storm drains, leading to street flooding (and sometimes homes). The Lafayette River has gotten shallower over time, causing loss of habitat for fish and shellfish, and this is due to sediments that enter from storm drains or erode from the uplands. So, the more we can do to keep sediments and pollutants out of the streets and storm drains, the more we will help the Lafayette River and keep our storm water taxes in check.

Last month, our newsletter talked about a City program called **EARNN (Environmental Awards for Recycling in Norfolk's Neighborhoods)**, through which civic leagues can earn money by taking actions to help keep their neighborhoods "green." **Our civic league has started several of these actions – and you can help reach our goal of earning \$750 for our civic league by May 31, 2010!**

The Storm Drain Medallion program uses volunteers to put metal crab medallions on storm drains to remind citizens of what we can do to prevent pollution from entering our waterways, and to remind us that it is illegal to dump anything into storm drains. So far, volunteers have placed 40 of these medallions in the eastern area of our neighborhood.

**We need volunteers to place medallions in the areas along and north of Virginian Drive and west of Galveston Boulevard.**



Placing the medallions is quick and easy, and is a great way for kids or youth groups to do community service. We also have signs provided by the City that we put out the week of street cleaning each month, which will remind us to pull cars off the street so the street sweepers can remove as much debris as possible.

**If you are interested in helping put more medallions on the storm drains, or placing the street sweeping sign on your street each month, please get in touch with JoDee Cook at 587-7918. You will be helping keep our neighborhood green and clean, AND you will be helping us earn money for our civic league.**

You can reach Karen by e-mail at [KarenLMayne@aol.com](mailto:KarenLMayne@aol.com) or by phone at 587-1287.

## Roll out that blue recycling cart and help us EARNN cash!

Did you know that the more of us who use our recycling carts, the more points our civic league can earn towards the City's EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) program? So, roll out that cart every two weeks even if it isn't full, since the City actually keeps a count.



The following can go in your cart:

newspapers, magazines, unwanted mail, mixed office paper, aluminum and steel cans, plastic bottles with a number 1 or 2 on the bottom, glass bottles and jars (clear, green, brown), aluminum pie plates and foil, and flattened corrugated cardboard (not cereal boxes or other "chipboard" boxes). Got too much to fit in your cart? The City has a drop-off center in the student parking lot at Maury High School at 17th Street and Colonial Avenue. That drop-off center will also accept old clothes and shoes that are not fit for donation. For more information on what can and cannot be recycled, go to [www.norfolk.gov/curbside\\_recycling/](http://www.norfolk.gov/curbside_recycling/) or call Keep Norfolk Beautiful at 441-1347.



## Civic League and Community News

For more news and events visit our website at [www.suburban23505.com](http://www.suburban23505.com)

### Norfolk Federation of Civic Leagues Hosts 50th

#### Anniversary Party

Norfolk Federation of Civic Leagues is having its 50th Anniversary and Christmas Party together in one beautiful spot. On December 10, 2009, the joint event will be held at Metropolitan Funeral Home Banquet Room, 7246 Granby Street in Norfolk. The Federation will be honoring the founders of the NFCL that held its first meeting in 1959. The cost for this beautifully catered party will be \$5.00 per person. Civic League Presidents, Officers and Delegates are encouraged to attend with spouses and partners. Reservations are requested to get a count and create a guest list. Please call Eric Heard at 274-8869 to make your reservations. Seating is first come, first served.

### Have Cocoa with Santa and Mrs. Clause

Don't miss the CHKD Benefit on Sunday, December 13th from 7 to 9 pm at the Padgett's Land o' Lights, 314 Suburban Parkway. It's an annual event you won't want to miss.

### Crisis Assistance Program Helps With Emergency Heating Needs

Families who need help with emergency heating needs this winter may apply for the Crisis Assistance Program through March 15, 2010 at any Norfolk Department of Human Services location. Crisis Assistance is available to Norfolk residents with emergency heating expenses and monthly gross incomes that meet eligibility guidelines. Crisis Assistance can currently be used to help families and individuals with payment of utility deposits or the repair or replacement of heating equipment. **Beginning January 4, 2010 the Crisis Fuel Assistance component will cover the payment of primary heating costs under special circumstances.** The Crisis Assistance Program is funded by the federal Low-Income Home Energy Assistance Program block grant and serves approximately 100,000 households each year across the Commonwealth. For information about the Crisis Assistance Program, including eligibility guidelines, call the Norfolk Department of Human Services at 664-6035.

### Safe Holiday Tips From NPD

As a crime prevention measure during the holiday season, police would like to remind our community that many of our activities

increase our potential for victimization. Criminals are aware that people carry more cash and make more purchases during the holidays. You can help reduce the number of larcenies of personal property from vehicles, which include purses, wallets, cell phones, laptops, and handbags. Reduce the likelihood of becoming a victim by following these crime prevention practices.

#1 – Lock your valuables inside your car trunk or just keep them with you (Don't leave items unattended). Keep a ledger of property serial numbers to aid police in the event property does turn up missing or stolen. If you must leave packages or valuables in your vehicle make sure they are hidden from view, preferably locked in trunk.

#2 – Tighten security practices at home. Most thieves look for opportunities to test the security of residences. Don't leave doors or windows unlocked and don't open a door to anyone you do not recognize or that does not have a legitimate reason to enter.

#3 – Advise security or call police if something appears suspicious! Thieves often pose as delivery personnel, couriers, or other seemingly legitimate persons. Many walk through neighborhoods to see if they get stopped or questioned or to test the security measures and have false prepared explanations.

#4 – If an incident does occur provide the police with details. Notify the police immediately with the following: Suspect's race, sex, approximate age, clothing description, height, weight, and physical features, (glasses, facial hair, tattoos, etc), last location/



***"We cannot live only for ourselves. A thousand fibers connect us with our fellow men; and among those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects."***  
***Herman Melville***

(Continued from page 4)

direction/mode of travel (bike, vehicle, license plate, state, color, model, etc). Do not attempt to apprehend a suspect yourself. Call 441-5610 for Non-Emergency Police and 911 for emergencies.

**EARNN Means Cash Rewards For Suburban Acres**

The enhanced EARNN program rewards Norfolk’s civic leagues for efforts in “green” practices such as recycling, litter prevention, sustainability and energy conservation, and storm water management. Additional bonus points are available in categories such as youth engagement, graffiti and illegal sign removal, and newsletter articles on “green” topics.

The city, through Keep Norfolk Beautiful, is sponsoring this program in an effort to increase curbside recycling and responsible environmental stewardship throughout the city. The program is based on a point system that earns cash rewards for registered civic leagues. **Suburban Acres could earn cash rewards of up to \$750 through this program.** These rewards will be distributed in June for accumulated points earned from November 1, 2009 through May 31, 2010.

Suburban Acres Civic League is actively working on this program, and additional information will be available on the website and in the newsletter in the coming months, including a special wetlands preservation presentation at our January 11 civic league meeting. Questions about the Suburban Acres EARNN program can be directed to JoDee Cook at 587-7918.

For additional information, call *Keep Norfolk Beautiful* at 441-1347 or email [susan.ash@norfolk.gov](mailto:susan.ash@norfolk.gov).

**Wards Corner Task Force Meets**

The **Wards Corner Task Force** will be meeting Friday, December 11th at 1:30 p.m. at the Norfolk Fitness & Wellness Center. **Greater Wards Corner Partnership** will not be meeting in December due to the Holidays.

**Keep The Lights On!**

If you spot a broken street light, report it! Norfolk needs your help to find broken street lights. And now that it’s dark earlier, broken lights are even easier to spot. There are 2 easy ways to report a broken street light: Contact Dominion Virginia Power at 1-888-667-3000 or call the city at 664-7301 or complete the online form at [www.norfolk.gov/PublicWorks/streetlights.asp](http://www.norfolk.gov/PublicWorks/streetlights.asp)

Please provide the nearest address of the pole or nine-digit pole number and a description of the problem such as light out, broken lens, light going on and off, exposed wires, etc. Citizen efforts to report broken street lights make a big difference in keeping our neighborhoods safe. The standard response time to repair a street light is approximately 15 days.

**Letters From Our Neighbors**  
**Holidays are an opportunity**  
**to be unpredictable**

By Steve Colley



Most people appreciate a certain amount of order in their lives. Our bodies physically demand air, water, food, rest, and exercise inside a predictable rhythm. Traffic laws and regulations keep us all safe as we predicatively operating our vehicles with our neighbors. We also appreciate order and predictability in our communities desiring a safe secure neighborhood while we each demonstrate pride in home ownership.

As the holidays are upon us I hope that we can introduce a little unpredictability into our rhythm by doing the unexpected for someone we may not know. We can: 1) Say YES to that holiday gathering or musical presentation where we may not know people; 2) Spontaneously buy a small token of appreciation and then give it to someone with a comment that "I was just thinking about you"; 3) Stop and talk to someone that we do not know and add an encouraging compliment—appreciate opportunities to be generous and gracious, especially when things are not going as planned; 4) Conduct "random acts of kindness" to those along our daily path.

When we become UNPREDICTABLY generous or gracious it may seem out of the ordinary, but the impact that we have on our community will be EXTRA-ordinary and appreciated in ways that we might not foresee. Christmas is a time of great anticipation and expectations. This year, I am looking forward to some opportunities to EXCEED expectations in some simple but EXTRA-ordinary ways. Let's put a little PERSONAL UNPREDICABILITY in the season, with some extra kindness in our words and actions. Not just because we should, but because WE CAN.

Merry Christmas!

**ENJOY YOUR PET, MINUS THE MESS!**



Your Super, Duper Pooper Scooper!

**1-800-DoodyCalls (800-366-3922)**

[www.doodycalls.com](http://www.doodycalls.com)

\*Prices Start at less than \$15 per week! Locally Owned & Operated



# OFFICE FURNITURE OUTLET

Quality New & Used for Less!

Huge selection of office furniture for the budget conscious consumer. Call Us and Save 30%-50% Off Retail.

www.OFOVA.com  
(757) 855-2800

1124-B Kingwood Avenue, Norfolk, Virginia 23502

## The Desk Doctor

The Desk Doctor can refinish, restore touch-up and repair office and home furniture. Call Us to Restore Your Hidden Value.

www.TheDeskDoctor.com  
(757) 627-0450

250 W. 23<sup>rd</sup> Street, Norfolk, VA 23517

## DECEMBER WORDSEARCH

S	H	E	D	E	C	E	M	B	E	R	Y	I	A	
I	A	N	D	A	O	C	A	R	O	L	I	N	G	N
L	E	G	O	L	D	T	H	E	R	U	P	L	E	A
V	L	I	I	O	A	H	U	R	L	D	R	O	M	R
E	L	F	N	T	O	P	A	Z	I	F	E	Z	A	C
R	U	T	E	X	T	Q	U	E	A	S	S	L	N	I
B	A	R	D	Z	I	A	G	S	N	G	T	E	U	S
E	N	E	W	Y	E	A	R	S	E	V	E	M	Y	S
L	J	I	V	I	G	C	H	I	L	L	R	A	A	U
L	I	N	C	O	N	R	I	S	U	O	D	R	H	S
S	N	D	H	H	D	T	J	Y	S	S	E	Y	O	E
I	G	E	R	O	O	A	E	O	E	A	H	O	L	Y
L	L	E	I	H	T	L	S	R	P	N	O	R	L	J
E	E	R	S	O	J	E	A	H	E	T	N	A	Y	M
C	H	A	N	U	K	A	H	S	R	A	E	N	T	L

- |           |               |             |
|-----------|---------------|-------------|
| Caroling  | Lapus         | Sagittarius |
| Chanukah  | Narcissus     | Santa       |
| Christmas | New Years Eve | Topaz       |
| December  | Nicholas      | Winter      |
| Holly     | Reindeer      | Yule        |



**Suburban Acres Civic League**  
wishes you and yours a very happy holiday  
and a safe and prosperous new year.

**\$20<sup>00</sup> OFF**

**TAX PREPARATION OR  
TAX SCHOOL REGISTRATION**  
at Jackson Hewitt Tax Service®

Offer valid on tax preparation fees or tax school registration fees. Does not apply to financial products or other services. Present coupon at time of tax preparation. Valid at participating locations only and may not be combined with any other offer. Most offices are independently owned and operated.

EXPIRES: 12/31/2012 COUPON CODE:RLPRH

**YOUR CHOICE. YOUR SAVINGS**

Call **757-480-2000** for more information  
or visit [www.jacksonhewitt.com](http://www.jacksonhewitt.com)



Darla Messalle, Independent Consultant



Arbonne International

[www.radiantbeauti.myarbonne.com](http://www.radiantbeauti.myarbonne.com)

[darlaj@myarbonne.com](mailto:darlaj@myarbonne.com)

(757) 869-8505



**PURE SWISS SKIN CARE**  
FORMULATED IN SWITZERLAND | MADE IN THE U.S.A.  
COLOR | NUTRITION | WEIGHT LOSS | AROMATHERAPY

### Suburban Acres Civic League Officers

**Tim Fox, President**  
338-0439  
saclpresident@gmail.com

**JoDee Cook, Vice President**  
587-7918

**Eric Heard, Secretary**  
963-6996  
sacsecretary@gmail.com

**Bruce Larson, Treasurer**  
761-0192  
larsonontheroad@msn.com

### Board of Directors

**Susan Boice** 531-0487

**Jeb Clarke** 626-0076

**Robert Lain** 469-3685

**Audrey Renn** 763-8911

E-mail the Civic League  
[suburbanacres@gmail.com](mailto:suburbanacres@gmail.com)

Newsletter/Communications  
[suburbanacres@gmail.com](mailto:suburbanacres@gmail.com)

**Bruce Larson**  
**Tim Fox**  
**Susan Boice**

Newsletter Advertising  
**Dennis Mori**  
[moriconi26@msn.com](mailto:moriconi26@msn.com)  
761-0197

Newsletter Distribution  
**Mary Verykousis**  
587-1221

**PACE Officer**  
**Officer Curtis Jackson**  
[curtis.jackson@norfolk.gov](mailto:curtis.jackson@norfolk.gov)  
831-3484

**Non Emergency Police**  
441-5610  
**Code Enforcements** 664-6532  
**Norfolk Cares** 664-6510

**Neighborhood Watch  
Coordinator**  
**Rob Lain**  
469-3685

Visit our website at  
[www.suburban23505.com](http://www.suburban23505.com)

## Announcements

Send your announcement to  
[suburbanacres@gmail.com](mailto:suburbanacres@gmail.com)



**Congratulations to Maria & Artie Rae, winners of the Harvest Celebration Chili Cook Off in October. Good to the bottom of the bowl!**

*If you're not currently receiving email updates from Suburban Acres Civic League, please send us a brief email to let us know you'd like to be added to our distribution list! Just click on the link to the left.*

**W WEL-VANT**  
Construction & Remodeling  
*Serving Tidewater Since 1987*  
Visit Us Online: <http://www.welvant.com>



Call us  
about a  
custom  
remodeling  
job that's  
right for you!

We specialize in...

- Additions
- Kitchens
- Baths



4858 B Shell Rd.  
Virginia Beach, VA 23455  
[www.welvant.com](http://www.welvant.com)



Office: 757.855.7710  
Fax: 757.855.7440  
E-Mail: [welvant@cavtel.net](mailto:welvant@cavtel.net)

***Being an active member of your community  
has never been as important as it is today.***

We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Don't wait, join today!

Individual Membership is \$5 and Family Membership is \$10. Make checks payable to "Suburban Acres Civic League".



### Suburban Acres Civic League Membership Form 2009

Individual \$5.00

Family \$10.00

Name

(Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Bruce Larson, Treasurer, Suburban Acres Civic League, 574 Thole St. Norfolk, VA 23505. **And thank you for your support!**