

Suburban Acres
Civic League

June 1, 2009
Volume 6, Issue 6

THE SUBURBAN

JOIN US MONDAY,
JUNE 8 AT
SUBURBAN PARK
ELEMENTARY
MEETING AT 6:30 PM
DOORS OPEN 6 PM
GUEST SPEAKER RON
KEYS WILL PRESENT
EMERGENCY
PREPAREDNESS,
SECURITY & SAFETY

MESSAGE FROM THE PRESIDENT



There is something similar in cultivating a summertime garden and cultivating relationships with neighbors for a healthy community. This spring, Andrea and I have planted our first *significant* garden in *this* home. But one thing that has already made this garden so vastly different from the many we've grown in years past, is *how* it became. Our 12 by 25 foot area was scratched and tilled by a very generous neighbor. Many of the sprouts and seeds within were donated by our surrounding neighbors. We then worked the ground and planted, and now we continue to care for this

square footage that, with the hope and faith held by every gardener, will flourish and yield a bountiful harvest.

I've shared this before: Throughout our twelve-year tenure in our last neighborhood, we came to know very few who lived around us. There were few gardeners. Looking back, I find a commonality between the relationship of the gardeners and the community. We all put into it and consistently nourish it to produce a thing of quality. A gardner thrives on growth. A community of gardeners tend to share techniques and appreciate each other's successes. And with proper care, hope, and faith...we are fruitful.

It's the time of year for graduation. Some of our youth are completing kindergarten, high school, and college, and moving on to the next stage in their lives. Again we go to the garden and hope that the roots are strong, and as a result the plant is productive. I extend my congratulations to you all for your respective accomplishments! In the words of a profound writer, "*Oh! The places you will go*".

Feeling the sun warming reminds me, the *3rd annual* July 4th parade is coming just around the corner. For all who'd like to be *in* the parade, we'll meet at the Suburban Park Elementary on the Galveston side at 9:30 am. The parade will launch at 10:00 sharp. We're still waiting for our road closure permit approval, but the planned parade route goes up Carl, turns left onto Suburban Pkwy, left onto Galveston, finishing back at the school where the Civic League will serve refreshments. Norfolk Police will again lead our parade and NFD Engine 9 will join us with the intent of staying afterward to provide truck tours during the post-parade social. There are a few other exciting participants this year too! If you are planning to parade in something large (i.e. vintage auto, homemade float, etc.) then please contact JoDee Cook to coordinate your position in the parade. Otherwise, foot and pedal participants will be coordinated that morning...just show up with your brightest patriotic spirit! Waving & cheering along the parade as it passes by is great too! I tell ya, I'm not sure who is more excited about this, my four-year old son or me. It's really a classic community event and a lot of fun!

It's an exciting time of year, here in Suburban Acres. The butterflies of the garden, as we neighbors, have emerged from the chrysalises of a cooler season, and are about -- contributing to the produce of the community. It's beautiful...and I'm glad to be among you in our Suburban garden.

Green thumbs to you all!

Timothy M. Fox

In This Issue

- | | |
|---|---|
| 2 | May Meeting Minutes |
| 3 | Flag Day—
History and Etiquette |
| 4 | Civic League and
Community News |
| 5 | June Recipes, Word
Search and Fun Facts |
| 6 | How to Prepare
for an Emergency |
| 7 | Civic League Meeting
and Events Calendar

Oyster Gardening |
| 8 | Civic League
Contact List

Membership Information |

Suburban Acres Civic League

Meeting Minutes for May 11, 2009

Meeting called to order at 6:35 p.m. with 30 in attendance.

PACE Report

Officer Hubbard reported the theft of patio furniture from a residence and the theft of electronic devices taken from two cars. Bev reminds us to remove all property from vehicles. A GPS in its stand on the dash could cause a theft.

There was also an incomplete robbery at the Tinee Giant. The clerk was on the phone with her son and preparing to open the store when she was approached by the robber. The clerk's son heard what was occurring and phoned the police, who arrested the robber at the store.

Bev also noted that the shooting on Little Creek Road was not a random act and there was an arrest in that shooting on April 29.

Officer Hubbard is retiring as our PACE officer and Officer Curtis Jackson will be replacing her until new assignments have been made. He can be reached at 831-3484 or by email at curtis.jackson@norfolk.gov.

Announcements

Members of the Highland Park Civic League spoke briefly to ask for support to rescind a recent City Council decision. On April 28, 2009 Norfolk City Council passed two ordinances that allow high-density residential development in Highland Park. The Council took this action despite the fact that hundreds of residents asked that the single-family R-8 zoning be maintained. We were asked to sign the petition to rescind this decision.

There was a table set up for opinions about a dog park on Suburban Parkway. People were asked to give their written opinions for or against a dog park proposed for the city-owned lot on Suburban Parkway at Parkdale.

Suburban Acres Civic League Golf Outing is scheduled for May 30 at Ocean View Golf Course.

Neighborhood Watch decals are available for distribution. These decals can be adhered on doors and windows to deter criminals. The decals are in sets of three and we are asking a donation of \$3.00 for the three stickers. For more information please contact Neighborhood Watch Coordinator JoDee Cook at 587-7918

The Board is requesting nominations for board director. For additional information contact the civic league at www.suburban23505.com

Committee Reports

The civic league has 38 family and 26 individual paid memberships as of May 11. Total dues collected to date in 2009 is \$510.00.

The July 4 neighborhood parade is still in planning stages.

Jeb and Beth Clarke are our newest Neighborhood Watch Captains.

Membership Committee will be calling members to verify



Pictured from left to right: Suburban Park Elementary Principal Bernette Brock, Mike Waldron, and Suburban Acres Civic League Board Member JoDee Cook. Many thanks to JoDee for organizing this special event.

Giving recognition for a job well done.

Norfolk Police Crossing Guard Mike Waldron receives a certificate of appreciation from the Mayor at a special civic league meeting on May 11. If you've driven Thole Street mornings or afternoons on school days, you've seen his conscientious effort to get our kids safely to and from school. Slowing and stopping traffic at peak driving times is not an easy task. Mike's word of caution for Thole Street drivers is slow down and watch out for our children.

database information in the coming months.

Treasurer's Report

Treasurer Bruce Larson reported revenue for April was \$196 with expenses of \$500.48. Ending bank balance for April is \$1425.69.

Old Business

The Meeting Minutes for April 2009 were unanimously approved by the membership after the "call to order" time was changed from 7:05 p.m. to 6:35.

New Business

There is water running down Thole and Virginian Drive from the new landscaped median

Determine if there is neighborhood support for a dog park on Suburban Parkway

The business meeting was short to allow time for recognition of school crossing guard Mike Waldron and social time.

Cordially submitted for approval,
Eric Heard, Secretary



Flag Day is celebrated on June 14 In the United States. It commemorates the adoption of the flag of the United States, which happened that day by resolution of the Second Continental Congress in 1777.

In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day; in August 1949, National Flag Day was established by an Act of Congress.

Flag Day is not an official federal holiday, though on June 14, 1937, Pennsylvania became the first (and only) U.S. state to celebrate Flag Day as a state holiday.

Observance of Flag Day

The week of June 14 is designated as "National Flag Week." During National Flag Week, the president will issue a proclamation urging U.S. citizens to fly the American flag for the duration of that week. The flag should also be displayed on all

Government buildings, and some organizations hold parades and events in celebration of America's national flag and everything it represents.

Flag Etiquette

Display the flag proudly during patriotic holidays and every day! Here are some flag etiquette tips:

The flag should be displayed on all days when the weather permits, especially on legal or other special occasions. It is customary to display the flag from sunrise to sunset on building or on stationary flagstaffs in the open. However, on special occasions it may be displayed at night, preferably lighted. A citizen may fly the flag any day he wishes.

How to fly the flag

The flag should be raised and lowered by hand. Never raise the flag while it is furled; unfurl, then hoist quickly to the peak of the flagstaff. It should be lowered slowly and ceremoniously. The flag should never be allowed to touch anything beneath it, such as the ground.

How to dispose of worn flags

Every precaution should be taken to prevent the flag from becoming soiled. When a flag is in such a condition, through wear or damage that is no longer a fitting emblem for display, it should be destroyed privately in a dignified manner.

Angel Care offers services where ever you need us:

- Private Homes
- Nursing Homes
- Assisted Living
- Hospitals
- Rehabilitation Centers

(757) 480-2929

NORFOLK SHERIFF'S OFFICE

Robert J. McCabe
Sheriff / High Constable

Office: (757) 664-4713
Fax: (757) 441-2531
E-Mail: robert.mccabe@norfolk.gov
Web Site: www.norfolksheriffsoffice.com

Robert J. McCabe, Sheriff
811 E. City Hall Avenue
Norfolk, VA 23510

Colors of Choice Painting
Prompt and Professional

Debby Melby
(757) 535-1056
Licensed & Insured
ColorsOfChoice@aol.com

Interior & Exterior
Pressure Washing
Residential & Commercial

ENJOY YOUR PET, MINUS THE MESS!

DoodyCalls

Your Super, Duper Pooper Scooper!

1-800-DoodyCalls (800-366-3922)
www.doodycalls.com
*Prices Start at less than \$15 per week! Locally Owned & Operated



Civic League and Community News

For more news and events visit our website at www.suburban23505.com

SACL Constitution and Bylaws Revisions

The Board of Directors has proposed a few amendments to the Suburban Acres Civic League Constitution and By Laws to make current the 1994 publication. A copy of the proposed revision will be made available to paid members at the June League meeting, with a review and vote at the July meeting. In addition, the document has been posted on the League website under the 'About' tab with changes to the document indicated. Visit our web site at www.suburban23505.com.

Clean the Bay Day, June 6th — 9am to 12pm

Litter pollutes our waterways, kills marine and other wildlife, and degrades our neighborhoods. Shoreline debris is one of the most visible and pervasive reminders that the Chesapeake Bay is in need of restoration and improved stewardship. Join 7,000 fellow Virginians in removing unhealthy debris from cherished waterways throughout the Commonwealth. By boat or on foot, gather your groups, friends, neighbors, and co-workers for a fun day and a worthwhile way of helping us Save the Bay. If you have questions or need information e-mail ctbd@cbf.org

Neighborhood Watch Decals Help to Protect

These "static cling" decals apply easily to the inside of doors and windows, without glue or adhesives. Block captains and block watchers who would like to assist in the distribution of decals, please contact JoDee Cook at 587-7918. A donation of \$3 per sheet (3 decals per sheet) helps your civic league raise money for special projects.

Congratulations Yard of the Month Winners

April *Yard of the Month* honors went to Ann and Steve Kennedy at 471 Suburban Parkway, and Rob and Lisa Lain of 301 Thole St. are displaying Suburban Acres *Yard of the Month* mermaid for May. Thanks to Ann, Steve, Rob and Lisa for your contributions to this gorgeous neighborhood!

Water Bill Woes? Norfolk's LIFELINE Can Help

Since 1999, Norfolk's Lifeline Program has helped Norfolk citizens avoid disruption in water services. Lifeline offers financial assistance to low-income senior citizens, families and individuals to provide relief from the combined services utility bill. Norfolk Departments of Human Services and Utilities work together to provide information and assistance. Eligible residents may receive:

Bill Assistance - Maximum annual assistance of \$270 in the form of a non-refundable payment to Hampton Roads Utility Billing Service (HRUBS) in your behalf.

Plumbing Repairs Assistance - Maximum annual assistance of \$500 for plumbing repairs to licensed plumbers on behalf of owner occupants.

Lifeline applications are available at the Department of Human Services, HRSD, and the Department of Utilities, or request an application by mail. For eligibility guidelines or to request an application, call 664-6035 or 664-6311.



Lost Cat or Dog?

Lost and stray dogs and cats picked up by Norfolk Animal Control are held at the Norfolk Animal Care Center. Dogs or cats with a collar are held for owner pickup for 10 days; those without a collar are held for 5 days. Animal Control is located at 5585 Sabre Road. For more information, call Animal Control at 664-7387(PETS).

Report Street Lights Out

Maintaining adequate street lighting is a good way to prevent crime. If you see a light out, call Dominion Power at 888-667-3000, say "street light" or select the street light option (press 4). All you will need is the location of the pole by the nearest address. The pole number on can be helpful as well.

Rabid Raccoon

A raccoon found in the 8200 block of Danbury Drive, Norfolk, on April 26, 2009, has tested positive for rabies. It is important to note that, in the event of exposure, all animal bites and scratches should be reported. Incidents occurring in the City of Norfolk should be reported to the Environmental Health Division of the Norfolk Department of Public Health at 683-2712 or Norfolk Animal Control at 664-7387. The following precautions are recommended to reduce rabies exposure:

- Be sure dogs and cats are up-to-date on vaccinations.
- Keep pets confined to home and yard.

(Continued on page 6)

THE SUBURBAN RECIPES

Sparkling Citrus Punch

1 - 46 oz can un-sweetened pineapple juice

½ quart orange juice

4 oz lime juice

4 oz lemon juice

1 quart club soda

1 quart ginger ale

1 cup sugar

1 lemon (sliced)

1 orange (sliced)



Mix fruit juices & sugar in a punch bowl. When ready to serve, add an even mix of club soda and ginger ale to taste.

Garnish with lemon and orange slices and sip with friends on a warm day!

Veggie Pizza Appetizer

2 packages of crescent rolls

2 packages of cream cheese

½ cup mayonnaise

3 to 4 cups of finely chopped vegetables (broccoli, carrots, celery, radishes, peppers etc)

½ teaspoon of garlic salt (or powder)

Mozzarella cheese

Place crescent rolls flat on a cookie sheet and smooth out. Brush lightly with a mixture of butter & olive oil and cook according to package directions (or until golden brown). Cool crust. Mix cream cheese, garlic, & mayo until smooth, spread evenly over cooled crust. Sprinkle on the chopped vegetables and spread evenly. Cover with a thin layer of mozzarella. Chill, serve and enjoy!

JUNE WORD SEARCH

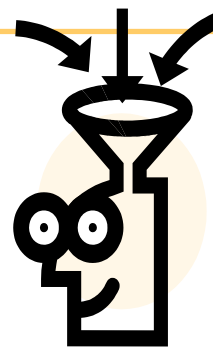
S	U	M	M	E	R	S	O	L	T	I	C	E	N	A
C	E	C	I	L	O	T	U	I	M	B	Y	R	D	R
H	B	F	A	I	S	I	R	M	L	E	L	F	E	I
O	S	A	L	A	E	I	M	P	M	A	P	I	A	D
O	P	T	E	A	N	B	O	U	S	I	U	M	M	B
L	I	H	I	T	G	R	A	D	U	A	T	I	O	N
S	L	E	S	H	U	D	B	R	N	O	T	R	O	E
O	U	R	O	S	S	A	A	B	B	U	N	I	N	I
U	C	S	W	E	N	D	R	Y	O	E	T	H	E	G
T	K	D	E	N	B	E	C	K	O	A	C	E	L	H
I	G	A	R	D	E	N	O	R	C	P	L	U	R	B
O	U	Y	U	T	A	O	B	A	K	E	R	O	E	O
N	E	I	T	E	C	H	V	U	V	A	O	F	U	R
A	J	U	N	O	H	E	R	A	D	R	A	K	A	Y
L	H	O	N	E	Y	S	U	C	K	L	E	A	H	C

Neighbor	Summer Solstice	Graduation
Garden	Juno	Barbecue
Vacation	School's Out	Honeysuckle
Beach	Father's Day	Rose
Flag Day	Cookout	Pearl

FUN FACTS!

The first observance of Father's Day is believed to have been held on July 5 1908 in a church located in Fairmont, West Virginia by Dr. Robert Webb of West Virginia at the Central United Methodist Church of Fairmont.

Mrs. Sonora Smart Dodd of Washington thought independently of the holiday



one Sunday in 1909 while listening to a Mother's Day sermon at the Central Methodist Episcopal Church at Spokane, and she arranged a tribute for her father in June 19, 1910. She was the first to solicit the idea of having an official Father's Day observance to honor all fathers.

Father's Day is celebrated Sunday, June 21 this year.

BUSINESS
(757) 857-0371

FAX
(757) 857-4533

TERRELL'S LAWN & LANDSCAPE

2056 Kenlake Place
Norfolk, VA 23518

COMMERCIAL • RESIDENTIAL

MICHAEL TERRELL

OWNER

How to Prepare for an Emergency

The Office of Emergency Preparedness and Response ensures that citizens and employees are provided with awareness and emergency preparedness information in an effort to minimize the potential for loss of life and property. During a large-scale emergency, the Center activates communications channels to keep residents, workers and businesses posted about the emergency and any action people should take to minimize the impact of the storm or other emergency. These information channels include

City website at www.norfolk.gov/

Citizen Automated Information Line, 664-7200

Local media – tv, newspapers and radio

TV48, Norfolk's cable news network

Before, during, and immediately following a severe weather incident such as a hurricane, the EOC will provide residents with current information about delivery of services, closings, available shelters, road conditions, procedures for pickup of storm debris, opening of government assistance centers, and other information.

Instructional Videos Give Details on Preparing for Emergencies

In order to encourage Americans to prepare themselves, their families and their communities, the U.S. Department of Homeland Security, in partnership with The Advertising Council, has created instructional videos to help educate and empower Americans to prepare for and respond to all kinds of emergencies. The first set of instructional videos, released in English and Spanish, are designed to detail how American families get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies in their community. Homeland Security and the Ad Council have also created additional instructional videos with specific information for pet owners, older Americans and individuals with disabilities and other special needs.

To view all of the Ready Campaign's Instructional Videos, go to: www.ready.gov/america/about/instructional.html

Civic League and Community News (Continued from page 4)

- Keep yards free of food that could attract wild animals.
- Do not handle or touch stray or wild animals.
- Tell children to report any animal bites or scratches.
- Report stray animals to Animal Control at 664-7387.
- Report all animal or human exposures to the Norfolk Department of Public Health at 683-2712.

Greater Wards Corner Partnership

The Greater Wards Corner Partnership meets the fourth Thursday of the month at the Workforce Development Center, 201 E. Little Creek Rd., (next To Kroger) from 7 to 8:30 p.m. The next meeting is scheduled for Thursday, June 25.

National Night Out August 4

The Celebration begins at Ingleside Church, 925 Ingleside Road at 5:30 pm with a kick-off ceremony and parade through the neighborhood. It continues with a picnic for participants and neighbors. Get involved to create crime-free communities by celebrating with us in Ingleside on Tuesday, August 4 or organizing an event in your own

neighborhood. For information, call 664-6937

Citizens' Police Academy Schedule

The Citizens police academy runs for 12 weeks and is offered twice a year. The last session for this year begins August 27 and ends November 12. Sign up now. Classes are held on Thursdays from 6:30 to 9:30 pm at the Second Patrol Division, 2500 N. Military Highway. Go to the cpaaan.org/ website for more information and an application form.

Childcare Open House at Little Creek Library

Saturday, June 13, 10:30 am – 12:30 pm at Little Creek Branch Library, 7853 Tarpon Place

New to the area? New parent? Ready for a change? Come to our Childcare Open House! Representatives from local child care centers will be on hand to provide you with detailed information on the services they provide. Find the perfect match for your childcare needs and check out our family resource collection of parenting books! Call 441-1751 for information.



**2009 Civic League
Meeting and Events Calendar**
E-mail suburbanacres@gmail.com
for more information

<u>June 8</u>	<u>Civic League Meeting</u>
<u>July 4</u>	<u>Fourth of July Parade</u>
<u>July 13 *</u>	<u>Civic League Meeting</u>
<u>August 10*</u>	<u>Civic League Meeting</u>
<u>September 14</u>	<u>Civic League Meeting</u>
<u>October 12</u>	<u>Civic League Meeting</u>
<u>October 24</u>	<u>Fall Harvest Celebration</u>
<u>November 9</u>	<u>Civic League Meeting</u>
<u>December 14</u>	<u>Civic League Meeting</u>

*Meetings to be held at alternate locations.
Check the newsletter or visit our website at
www.suburban23505 for location information.



Become an Oyster Gardener This Year

Native oyster restoration in Virginia is helping to replenish our oyster population and provide much needed habitat for important fish and shellfish. A shining example, the Lynnhaven River has experienced a ten-fold increase in oysters in recent years. You can help grow even more oysters by becoming an oyster gardener!

CBF's Oyster Gardening Program is a year round, hands-on opportunity for you to help bring back this vital filter feeder using the area alongside your dock. Gardeners attend a training seminar where they receive their baby oysters. Once home, you place your oysters in floating oyster bags alongside your dock where they grow for a year. The following summer CBF staff will transplant your year-old oysters to a sanctuary reef where the oysters can continue to reproduce and filter water, thus improving water quality for the Bay.

This program is family friendly and a great way to help Save the Bay. For more information visit the CBF oyster gardening website by going to www.cbf.org.

To participate in the Oyster Gardening Program contact the CBF Hampton Roads office at Hamptonroads@cbf.org or call Chris Moore at 757-622-1964.

**CALL FOR FREE TIPS ON HOW TO
SELL YOUR HOME FOR FREE!**

We are Mortgage Bankers, We want to Pre Qualify your buyers for Free!
We do Regular and Reverse Mortgages.

Hello Suburban Acres! My name is Janette. My family has been in this neighborhood for almost 45 years. Most of you have known me since I was a little girl playing in the yard, or knew my daddy and his corvettes and the ton of work done to the home on Thole Street. I want to give back to Suburban Acres now.

Free Marketing Includes Services Such As:

- Free Yard Signs
- Free Forms and Advice
- Free Value Quote
- Free Info Tube
- Free Flyer Design and Printing
- Door to Door Flyer Delivery
- Your Home on our Website as a preferred listing!

UNITED CAPITAL
LENDING

1-888-HELP-351 *HELP

Cell 757-735-HELP (4357)
Office 757-490-7764 x238
Website: 735HELP.com
Email: info@735HELP.com



Janette Woodruff-Whitlock
Senior Mortgage Banker

**OFFICE
FURNITURE
OUTLET**
Quality New & Used for Less!

Huge selection of office furniture for the budget conscious consumer. Call Us and Save 30%-50% Off Retail.

www.OFOVA.com
(757) 855-2800

1124-B Kingwood Avenue, Norfolk, Virginia 23502

The Desk Doctor

The Desk Doctor can refinish, restore touch-up and repair office and home furniture. Call Us to Restore Your Hidden Value.

www.TheDeskDoctor.com
(757) 627-0450

250 W. 23rd Street, Norfolk, VA 23517

Suburban Acres Civic League Officers

Tim Fox, President
338-0439
saclpresident@gmail.com

Pearl Windle, Vice President
480-2043
Pearlygirl1@cox.net

Eric Heard, Secretary
963-6996
sacsecretary@gmail.com

Bruce Larson, Treasurer
761-0192
larsonontheroad@msn.com

Board of Directors

Doug Barnhart 480-9513

Susan Boice 531-0487

JoDee Cook 587-7918

E-mail the Civic League
suburbanacres@gmail.com

Newsletter/Communications
suburbanacres@gmail.com

Bruce Larson
Tim Fox
Susan Boice

Newsletter Advertising
Dennis Mori
moriconi26@msn.com
761-0197

Newsletter Distribution
Mary Verykousis
587-1221

PACE Officer

Officer Curtis Jackson
curtis.jackson@norfolk.gov
831-3484

Non Emergency Police
441-5610
Code Enforcements 664-6532
Norfolk Cares 664-6510

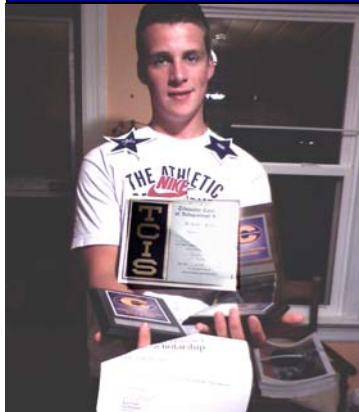
Neighborhood Watch
Coordinator JoDee Cook
587-7918

Visit our website at

www.suburban23505.com

ANNOUNCEMENTS

Send your announcement to
suburbanacres@gmail.com



Congratulations to **Drew Barnhart**, shown holding his haul from Varsity Sports awards night on May 18, including Ambassador Award (Football), 1st Team All-District (Football), 2nd Team All-State (Football), 2nd Team All-District (Baseball), Most Outstanding Player (Baseball), Booster Club Scholarship, and Outstanding Male Athlete of the Year. Stellar achievement, Drew!

Welcome back to **Matthew Adams** of 7073 Kirby Crescent. Matthew spent his eight month

deployment in the Middle East fighting piracy. Way to go, Matthew! Thank you for serving our country!

Congratulations to **Morgan Collins** who was awarded Scholar-Athlete at the varsity sports awards night on May 18.

BECOME AN ACTIVE MEMBER OF YOUR COMMUNITY!

We need your involvement in the Suburban Acres Civic League. Don't wait, join today! Individual Membership is \$5.00 and Family Membership (two individuals) is \$10.00. Make checks payable to "Suburban Acres Civic League". Dues are now payable for 2009.



Suburban Acres Civic League Membership Form 2009

Individual \$5.00

Family \$10.00

Name _____ (Please print and include both names for family membership)

Street Address _____

E-mail _____

Phone _____

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Bruce Larson, Treasurer, Suburban Acres Civic League, 574 Thole St. Norfolk, VA 23505. **And thank you for your support!**

W WEL-VANT
Construction & Remodeling
Serving Tidewater Since 1987
Visit Us Online: <http://www.welvant.com>



Call us
about a
custom
remodeling
job that's
right for you!

We specialize in...

- Additions
- Kitchens
- Baths



4858 B Shell Rd.
Virginia Beach, VA 23455
www.welvant.com



Office: 757.855.7710
Fax: 757.855.7440
E-Mail: welvant@cavtel.net